

COURSE OUTLINE

1



Demystify Cannabis

Learn the most important cannabis terms and add them to your professional vocabulary.

Discover all the things you didn't know you didn't know about cannabis - both medical and recreational.

Create a solid foundation in order to support your patient's safe use of cannabis.

2



CannaYES or CannaNO?

Discover the key eligibility and exclusion criteria that indicate if cannabis is safe for your patient to use.

Learn the real and potential contraindications for safe cannabis use. Be able to identify high risk indicators and how to support patients who meet any of those criteria.

3

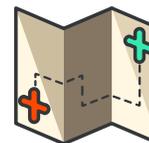


Cannabinoids 101

Learn about the endocannabinoid system, as well as cannabis pharmacology, pharmacokinetics, and pharmacodynamics.

Compare and contrast cannabinoids, learn about potential side effects, explore delivery methods, as well as the most common ailments and symptoms people seek cannabis therapy for.

4



Supporting Your Patient

Uncover the top 20 most common misconceptions people have about cannabis.

Discover the cannabis health education blueprint so you can confidently assess gaps in your patient's knowledge.

Get a printable "Cannabis Competent Nurse Tool Kit" complete with process maps and thin slice tools that connect theory with practice and make it easy for you to support your patients.

5



Nursing Case Studies

Sharpen your skill set and practice your cannabis competence by working through real-world patient case studies that marry the concepts from the last 4 modules.

By the end of this module, regardless of your practice setting, you will feel confident in your expanded scope of practice that now includes cannabis.

Directly upon completion of this module, you will receive a certificate of completion as a **Cannabis Competent Nurse**.

Module 1: Demystifying Cannabis

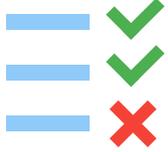


This module will be waiting for you in your Members Area when you join so that you can jump into the content right away.

By the end of this module you will:

- Know the general history and legislative framework that supports cannabis in Canada.
- Understand the key terms related to cannabis.
- Be able to differentiate between cannabis and hemp.
- Be able to articulate the difference between medical and recreational use
- Be able to identify legal and illegal cannabis sources
- Know what the the World Health Organization identifies as the lethal dose of cannabis.
- Understand the roots of cannabis stigma and how it impacts patients today.

Module 2: CannaYES or CannaNO?



Once you've completed Module 1 and have a basic cannabis foundation, fertile ground has been created so you can assess and educate your patients about whether cannabis is a safe treatment option for them.

By the end of this module you will:

- Understand the key eligibility and exclusion criteria that indicate if cannabis is safe for your patient to use.
- Have learned firm contraindications that indicate that cannabis (medical or otherwise) is an unsafe treatment option for your patient to use at this time.
- Understand what the potential contraindications for safe cannabis are, as well as the critical thinking behind each potential contraindication that leads to a firm "no" or a "yes" with potential high risk (which the prescriber would assess).
- Understand the high risk categories and learn the key points/questions you need to ask to support high risk patients.
- Receive a printable Cannabis Contraindication Sheet so you have the information and questions to ask your patients close at hand.

Module 3: Cannabinoids 101



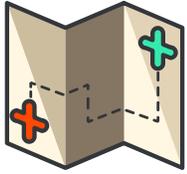
Learn about the endocannabinoid system, as well as cannabis pharmacology, pharmacokinetics, and pharmacodynamics.

This module provides evidence based tools for educating both yourself and your patients about cannabis.

By the end of this module you will:

- Understand the purpose of the endocannabinoid system.
- Know the primary receptors and mechanisms of actions for cannabinoids in the endocannabinoid system.
- Be able to identify the two most common cannabinoids, as well as what symptoms they are most commonly used for.
- Understand the key potential unwanted side effects based on cannabinoid.
- Know where to get on-demand, evidence based information about cannabis.
- Be able to identify when to use what delivery method - including both length of onset and effect.
- Be able to identify the most common ailments and symptoms people seek cannabis therapy for.

Module 4: Supporting Your Patient



This module dives into the most common misconceptions people have about cannabis and gives you the tools to provide evidence based support and education to patients.

You will also get a printable copy of the "Cannabis Competent Nurse Tool Kit" which ensures you have the critical process maps, symptom specific evidence based dosing schedules, as well as educational snippets (or "sound bytes") to support your patients on their medical cannabis journey.

By the end of this module you will:

- Learn the exact steps to support your patient access a medical cannabis, even if their primary healthcare provider won't prescribe it for them.
- Know how to support caregivers who are caring for cannabis patients
- Understand the most common knowledge gaps medical cannabis patient's have about their treatment - *after they've been prescribed* - and receive the tools to bridge that gap.
- Have access to evidence based dosing schedules that support symptom relief for the most common reasons patients are on medical cannabis therapy.
- Enjoy process maps that ensure you are covering all the key health education touch points if a patient asks you a question about cannabis.
- Understand the top 20 most common misconceptions people have about cannabis.
- Know what questions to ask and what health education to provide in order to support a patient beyond their misconceptions.
- Get a printable "Cannabis Competent Nurse Tool Kit" complete with process maps and thin slice tools that connect theory with practice and make it easy for you to support your patients.

Module 5: Nursing Case Studies



This module helps you sharpen your skill set and practice your cannabis competence by working through real-world patient case studies that marry the concepts from the last 4 modules.

By the end of this module you will:

- Have completed several realistic case studies that focus on supporting a variety of patients in different practice environments *outside of the cannabis sector*.
- Know what things to consider when discussing cannabis with your patients.
- Understand the critical thinking behind when and how to refer patients to cannabis clinics.
- Demonstrate competence in assessing contraindications and risk factors for a variety of patient scenarios - which will build your confidence in your expanded scope of practice.
- Have practiced your ability to pull out key gaps in your patient's understanding - identifying key health education opportunities.
- Receive a printable certificate of completion as a Cannabis Competent Nurse.